

FAST FORWARD CHARTER HIGH SCHOOL 9-12

Promoting success, respect, and responsibility in a safe environment



Advanced Health

Adult Roles and Responsibilities

Teacher: Sharrah Akina

Email: sharrah@ffchs.org

Phone: (435) 713-4255

COURSE DESCRIPTION

This course prepares students to understand the nature, function, and significance of human relationships involving individuals and families. Topics include: family living, parenting, household and money management, decision-making skills, communication skills, self-awareness, crisis management, and the individual's roles and responsibilities within the family and community. Emphasis will be placed upon the uniqueness, needs, and interests of individuals and families.

COURSE OUTLINE

Adult life carries a multitude of roles and responsibilities. Students who are in high school are becoming increasingly independent, assuming even greater responsibility for their own day-to-day lives. Students who gain a clear awareness of their personal values, needs, aptitude, and goals and how these impact family, career, and community roles, and responsibilities will have a strong foundation on which to base life decisions. As students learn to make choices based on their personal values and goals, they will experience greater satisfaction and success from their choices.

- Unit 1: Developing Healthy Relationships at Home, School, and in the Workplace
- Unit 2: Reproduction and male/female anatomy
- Unit 3: Sexually Transmitted Infections (STI's) and HIV/AIDS
- Unit 4: Marriage, Parenthood, and Family Living
- Unit 5: Pregnancy and Childbirth
- Unit 6: Baby Project

COURSE OBJECTIVES

- Participate in activities that help increase self-awareness, values, goals, and decision-making strategies.
- Identify communication styles and the role they play in relationships.
- Identify ways to develop meaningful relationships in the family unit.
- Identify methods of crisis management.
- List the functions and purposes of responsible dating.
- Identify the aspects and importance of marriage preparation.
- Identify and utilize basic consumer, money management, and financial strategies.
- Identify the various skills and responsibilities of parenting.
- Participate in the baby project.

MATERIALS NEEDED FOR CLASS

- ✓ Pen or Pencil is a **MUST!**
- ✓ Lined notebook paper.
- ✓ Positive attitude

EVALUATION AND GRADING PROCEDURE

Students will be evaluated and grade in the following areas:

- Class participation/cooperative group work/individual preparation (10 points per day)
- Written assignments, quizzes, and tests
- Individual and/or group oral presentations
- Baby project

Grade percentage is based on total points earned in class.

A	100-93%	C	76-74
A-	92-90	C-	73-70
B+	89-87	D+	69-67
B	86-84	D	66-64
B-	83-80	D-	63-60
C+	79-77	F	59 or Below

CLASSROOM EXPECTATIONS

- Maintain self-control in the classroom
- Participation is an essential component in achieving success in class
- Respect self and others
- Do not talk when the teacher is talking!
- Be prepared for class - bring a pen or pencil
- Have fun!

Student Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____