

# FAST FORWARD CHARTER HIGH SCHOOL 9-12

*Promoting success, respect, and responsibility in a safe environment*



## Social Dance

*"There are short cuts to happiness, and dancing is one of them."*

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### Objectives:

1. Students will learn and demonstrate social etiquette in dance.
2. Students will recognize and demonstrate rhythm proficiency in different areas of social dance.
3. Students will learn basic techniques that will enhance their dance knowledge.
4. Students will develop endurance through gradual increase in energy required in dance activities.
5. Students will learn to enjoy social dance as a leisure time activity and lifelong physical activity.

**Grading Procedure:** Students will be graded on –

- Classroom participation 0-10 points per day
- Quizzes
- Skills Tests
- Performance Tests
- Written Tests
- Group and individual assignments

A	93-100	C	74-76
A-	90-92	C-	70-73
B+	87-89	D+	67-69
B	84-86	D	64-66
B-	80-83	D-	60-63
C+	77-79	F	0-59

### Class Rules:

1. **Be Ready** – Be on time with appropriate dance attire and a positive attitude.
2. **Be Respectful** – Have respect towards the teacher, other students, yourself, and the equipment.
3. **Be Responsible** – Each student is responsible for his/her own actions. This includes class work, effort, attitude, and how you treat others and yourself.
4. **If you don't remember what to do, go back to rule #2.**

### Requirements:

- Be on time to class, participate the entire class period, be on task, and follow class/school rules.
- Students are asked to have a shirt to change into and appropriate shoes for dancing (tennis shoes).
- If you are asked to dance, the rule is to always accept. **No's** are not accepted in this class.
- When practicing in class you will rotate partners when asked.
- Students must be present on skills, written, and performance test days.
- Most importantly, **TREAT EVERYONE WITH RESPECT!!!**

**Dance Activities:** Basic rhythm movements, step sequence, posture and proper dance position for:

- Ballroom Dance
- Line Dancing
- Cultural Dances
- Decade Dance Rhythm & Movements (70's – Now)
- Creating Dance Routines
- Segments of dance movies/TV clips will be included
- Special guests may attend to teach routines



### Accommodations:

If you have a disability that may require accommodations (i.e. modifications in testing, assignments, grading, etc.), or any medical condition authorized by a certified physician that may affect performance, please contact me immediately. Accommodations will be made for all students with documented disabilities.

***By signing below, I/we acknowledge that I/we have read the course syllabus and participation grading rubric and that I/we are aware of the requirements of this class.***

Student: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

*“We’re fools whether we dance or not, so we might as well dance.”*

– Japanese Proverb

### Student Questionnaire:

Answer the following questions to the best of your knowledge.

1. Do you have any dance experience prior to this class? If so, what is your experience?
2. Have you ever taken this class or one like it before? If yes, when was it?
3. Of the dances listed on the front, which one interests you the **most**? Why?
4. Of the dances listed on the front, which one interests you the **least**? Why?
5. Are you interested in learning any other kinds of dances not listed? If so, what kind?
6. Do you know any movies that involve these types of dances? Name the title.