

Social Skills Group

This group is focused on helping students develop important life and social skills. These skills will help students be more successful at school, home and in other areas of their lives. We cover topics such as interpersonal skills, boundaries, teamwork, expressing and responding to emotion, empathy and problem-solving. We have discussions, do activities and practice using these skills in the group. The goal of this group is to empower students and teach them to implement basic social skills that will positively impact their self-esteem and relationships with others. This group is held for one hour each week and lasts for about 6 weeks.

Group Facilitators: Holly Tye

Learn more and sign up for the group by contacting:

Holly Tye

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Or

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