

Logan City School District

022 - FAST FORWARD CHARTER SCHOOL

Feb 24, 2020

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 2 CHICKEN STRIPS ROTINI CINNAMON PUFF ALFREDO SAUCE APPLESAUCE CUP JUICE CHOICE GREEN SALAD CARROT & TOMATO CUP MILK CHOICES	Mar - 3 DOMINOS PIZZA MANDARIN ORANGE BROCCOLI STICKS CARROT STICKS STRAWBERRY CUPS MILK CHOICES	Mar - 4 CHEESEBURGER ON PEARS RANGER COOKIE CRISS CUT FRIES BAKED BEANS PARADISE PUNCH J MILK CHOICES	Mar - 5 SWEET & SOUR CHI RICE PEACHES COOKED CARROTS CUCUMBER STICKS VEG CUP PUDDING MILK CHOICES	Mar - 6 CHICKEN POPPERS ORIENTAL RICE FORTUNE COOKIE APPLESAUCE CUP JUICE CHOICE CALIFORNIA BLEND FROZEN JUICE CUP MILK CHOICES
Mar - 9 *TERIYAKI FINGER S RICE PUDDING APPLESAUCE CUP JUICE CHOICE CARROT & TOMATO CUP GREEN BEANS MILK CHOICES	Mar - 10 LASAGNA SHREDDED CHEESE CINNAMON PUFF MANDARIN ORANGE BROCCOLI STICKS NORMANDY BLEND MILK CHOICES	Mar - 11 SWEET PORK SALAD SHREDDED CHEESE CILANTRO RICE PEARS SHADES OF GREEN BLACK BEANS CUCUMBER STICKS SALSA MILK CHOICES	Mar - 12 DOMINOS PIZZA CHOCOLATE CHIP C PEACHES GREEN SALAD GRAPE TOMATOES MILK CHOICES	Mar - 13 SLOPPY JOE FROSTED PINK COO STRING CHEESE APPLESAUCE CUP JUICE CHOICE CRISS CUT FRIES CARROT STICKS MILK CHOICES
Mar - 16 CHILI SHREDDED CHEESE WHOLE WHEAT RAN PUDDING APPLESAUCE CUP JUICE CHOICE CARROT & TOMATO CUP MILK CHOICES	Mar - 17 MASHED POTATOES TURKEY IN GRAVY WW PARKERHOUSE BROWNIE MANDARIN ORANGE BROCCOLI STICKS COOKED CARROTS MILK CHOICES	Mar - 18 CHICKEN STRIPS CINNAMON PUFF PEARS CRISS CUT FRIES MIXED VEGETABLES PARADISE PUNCH J MILK CHOICES	Mar - 19 MINI CALZONES MARINARA SAUCE C WHOLE WHEAT BRE PEACHES GREEN SALAD CORN MILK CHOICES	Mar - 20 MANDARIN ORANGE RICE FORTUNE COOKIE APPLESAUCE CUP JUICE CHOICE FROZEN JUICE CUP GREEN BEANS MILK CHOICES
Mar - 23 MINI CORNDOGS WW PARKERHOUSE APPLESAUCE CUP JUICE CHOICE EMOJI FRIES CARROT & TOMATO CUP MILK CHOICES	Mar - 24 CHICKEN SANDWICH PUDDING MANDARIN ORANGE BROCCOLI STICKS CRISS CUT FRIES MILK CHOICES	Mar - 25 CHICKEN NOODLE S CHEESE BREADSTIC PEARS PARADISE PUNCH J GREEN SALAD MILK CHOICES	Mar - 26 SOFT TACO SHREDDED CHEESE CINNAMON CHURRO PEACHES SHADES OF GREEN BLACK BEANS CUCUMBER STICKS VEG CUP SALSA MILK CHOICES	Mar - 27 DUTCH WAFFLE CHEESE OMELET HASH BROWN POTA APPLESAUCE CUP JUICE CHOICE FROZEN JUICE CUP MILK CHOICES
Mar - 30	Mar - 31			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.