

Fast Forward Charter High School

February 2021

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Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 1 CHICKEN STRIPS ROTINI CINNAMON PUFF ALFREDO SAUCE APPLESAUCE CUP JUICE CHOICE GREEN SALAD CARROT & TOMATO CUP MILK CHOICES	Feb - 2 DOMINOS PIZZA MANDARIN ORANGE BROCCOLI STICKS CARROT STICKS STRAWBERRY CUPS MILK CHOICES	Feb - 3 CHEESEBURGER ON PEARS RANGER COOKIE CRISS CUT FRIES BAKED BEANS PARADISE PUNCH J MILK CHOICES	Feb - 4 SWEET & SOUR CHI RICE PEACHES COOKED CARROTS CUCUMBER STICKS VEG CUP PUDDING MILK CHOICES	Feb - 5 PEANUT & JELLY SANDWICH FRUIT CUP CHIPS STRING CHEESE CARROT STICKS JUICE MILK CHOICE
Feb - 8 *TERIYAKI FINGER S RICE PUDDING APPLESAUCE CUP JUICE CHOICE CARROT & TOMATO CUP GREEN BEANS MILK CHOICES	Feb - 9 LASAGNA SHREDDED CHEESE CINNAMON PUFF MANDARIN ORANGE BROCCOLI STICKS NORMANDY BLEND MILK CHOICES	Feb - 10 SWEET PORK SALAD SHREDDED CHEESE CILANTRO RICE PEARS SHADES OF GREEN BLACK BEANS CUCUMBER STICKS SALSA MILK CHOICES	Feb - 11 DOMINOS PIZZA CHOCOLATE CHIP C PEACHES GREEN SALAD GRAPE TOMATOES MILK CHOICES	Feb - 12 HAM/TURKEY/ CHEESE WRAPS RICE CRISPY TREAT FRUIT CARROT STICKS JUICE MILK CHOICE
Feb - 15 HOLIDAY NO SCHOOL	Feb - 16 MASHED POTATOES TURKEY IN GRAVY WW PARKERHOUSE BROWNIE MANDARIN ORANGE BROCCOLI STICKS COOKED CARROTS MILK CHOICES	Feb - 17 CHICKEN STRIPS CINNAMON PUFF PEARS CRISS CUT FRIES MIXED VEGETABLES PARADISE PUNCH J MILK CHOICES	Feb - 18 MINI CALZONES MARINARA SAUCE C WHOLE WHEAT BRE PEACHES GREEN SALAD CORN MILK CHOICES	Feb - 19 PEANUT & JELLY SANDWICH FRUIT CUP CHIPS STRING CHEESE CARROT STICK JUICE MILK CHOICE
Feb - 22 MINI CORNDOGS WW PARKERHOUSE APPLESAUCE CUP JUICE CHOICE EMOJI FRIES CARROT & TOMATO CUP MILK CHOICES	Feb - 23 CHICKEN SANDWICH PUDDING MANDARIN ORANGE BROCCOLI STICKS CRISS CUT FRIES MILK CHOICES	Feb - 24 CHICKEN NOODLE S CHEESE BREADSTIC PEARS PARADISE PUNCH J GREEN SALAD MILK CHOICES	Feb - 25 SOFT TACO SHREDDED CHEESE CINNAMON CHURRO PEACHES SHADES OF GREEN BLACK BEANS CUCUMBER STICKS VEG CUP SALSA MILK CHOICES	Feb - 26 HAM/TURKEY/ CHEESE WRAPS RICE KRISPIE TREAT FRUIT CARROT STICKS JUICE MILK CHOICE

This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.