

# Fast Forward Lunch Menu

March 2021

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 1 CHICKEN STRIPS ROTINI CINNAMON PUFF ALFREDO SAUCE APPLESAUCE CUP JUICE CHOICE GREEN SALAD CARROT & TOMATO CUP MILK CHOICES	Mar - 2 DOMINOS PIZZA MANDARIN ORANGE BROCCOLI STICKS CARROT STICKS STRAWBERRY CUPS MILK CHOICES	Mar - 3 CHEESEBURGER ON PEARS RANGER COOKIE CRISS CUT FRIES BAKED BEANS PARADISE PUNCH J MILK CHOICES	Mar - 4 SWEET & SOUR CHI RICE PEACHES COOKED CARROTS CUCUMBER STICKS VEG CUP PUDDING MILK CHOICES	Mar - 5 PEANUT BUTTER & JELLY SANDWICH FRESH FRUIT CHIPS STRING CHEESE CARROT STICKS JUICE MILK
Mar - 8 *TERIYAKI FINGER S RICE PUDDING APPLESAUCE CUP JUICE CHOICE CARROT & TOMATO CUP GREEN BEANS MILK CHOICES	Mar - 9 LASAGNA SHREDDED CHEESE CINNAMON PUFF MANDARIN ORANGE BROCCOLI STICKS NORMANDY BLEND MILK CHOICES	Mar - 10 SWEET PORK SALAD SHREDDED CHEESE CILANTRO RICE PEARS SHADES OF GREEN BLACK BEANS CUCUMBER STICKS SALSA MILK CHOICES	Mar - 11 DOMINOS PIZZA CHOCOLATE CHIP C PEACHES GREEN SALAD GRAPE TOMATOES MILK CHOICES	Mar - 12 HAM/TURKEY/ CHEESE WRAPS RICE CRISPY TREAT FRESH FRUIT CARROT STICKS JUICE MILK
Mar - 15 CHILI SHREDDED CHEESE WHOLE WHEAT RAN PUDDING APPLESAUCE CUP JUICE CHOICE CARROT & TOMATO CUP MILK CHOICES	Mar - 16 TURKEY IN GRAVY MASHED POTATOES WW PARKERHOUSE BROWNIE MANDARIN ORANGE BROCCOLI STICKS COOKED CARROTS MILK CHOICES	Mar - 17 *CHICKEN NUGGETS CINNAMON PUFF PEARS CRISS CUT FRIES MIXED VEGETABLES PARADISE PUNCH J MILK CHOICES	Mar - 18 SPAGHETTI MEAT S ROTINI SHREDDED CHEESE WHOLE WHEAT BRE PEACHES GREEN SALAD CORN MILK CHOICES	Mar - 19 PEANUT BUTTER & JELLY SANDWICH FRESH FRUIT CHIPS STRING CHEESE CARROT STICKS JUICE MILK
Mar - 22 MINI CORNDOGS WW PARKERHOUSE APPLESAUCE CUP JUICE CHOICE EMOJI FRIES CARROT & TOMATO CUP MILK CHOICES	Mar - 23 CHICKEN SANDWICH PUDDING MANDARIN ORANGE BROCCOLI STICKS CRISS CUT FRIES MILK CHOICES	Mar - 24 MASHED POTATOES CHICKEN GRAVY SPICY CHICKEN STRI SHREDDED CHEESE CORN CINNAMON PUFF PEARS PARADISE PUNCH J MILK CHOICES	Mar - 25 SOFT TACO SHREDDED CHEESE CINNAMON CHURRO PEACHES SHADES OF GREEN BLACK BEANS CUCUMBER STICKS VEG CUP SALSA MILK CHOICES	Mar - 26 HAM/TURKEY/ CHEESE WRAPS RICE CRISPY TREAT FRESH FRUIT CARROT STICKS JUICE MILK
Mar - 29 CHICKEN STRIPS ROTINI CINNAMON PUFF ALFREDO SAUCE APPLESAUCE CUP JUICE CHOICE GREEN SALAD CARROT & TOMATO CUP MILK CHOICES	Mar - 30 DOMINOS PIZZA MANDARIN ORANGE BROCCOLI STICKS CARROT STICKS STRAWBERRY CUPS MILK CHOICES	Mar - 31 CHEESEBURGER ON PEARS RANGER COOKIE CRISS CUT FRIES BAKED BEANS PARADISE PUNCH J MILK CHOICES		

This institution is an equal opportunity provider.

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.