

FAST FORWARD LUNCH MENU

October 2021

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 4 *TERIYAKI FINGER S RICE PUDDING MANDARIN ORANGE JUICE CHOICE CARROT & TOMATO CUP GREEN BEANS MILK CHOICES	Oct - 5 LASAGNA SHREDDED CHEESE CINNAMON PUFF BANANA APPLESAUCE CUP BROCCOLI STICKS NORMANDY BLEND MILK CHOICES	Oct - 6 SWEET PORK SALAD SHREDDED CHEESE CILANTRO RICE FRESH APPLE FROZEN JUICE CUP SHADES OF GREEN BLACK BEANS CUCUMBER STICKS SALSA MILK CHOICES	Oct - 7 DOMINOS PIZZA GREEN SALAD GRAPE TOMATOES FRUIT/ JUICE CHOICE MILK CHOICES	Oct - 1 PEANUTBUTTER & JELLY SANDWICH FRUIT/FRUIT CUP CARROT STICKS SUN CHIPS STRING CHEESE MILK Oct - 8 HAM & CHEESE WRAPS GRANOLA BAR FRUIT JUICE CARROT STICKS MILK
Oct - 11 TORTILLA CHIPS NACHO CHEESE SA TACO MEAT BLACK BEANS PUDDING MANDARIN ORANGE JUICE CHOICE CARROT & TOMATO CUP MILK CHOICES	Oct - 12 MINI CALZONES MARINARA SAUCE C WHOLE WHEAT BRE BROWNIE FRESH STRAWBERR APPLESAUCE CUP BROCCOLI STICKS GREEN SALAD CORN MILK CHOICES	Oct - 13 DOMINOS PIZZA GREEN SALAD CARROT STICKS FRUIT/JUICE CHOICE MILK CHOICES	Oct - 14 FALL BREAK	Oct - 15 FALL BREAK
Oct - 18 CORNDOG WW PARKERHOUSE MANDARIN ORANGE JUICE CHOICE EMOJI FRIES CARROT & TOMATO CUP MILK CHOICES	Oct - 19 CHICKEN SANDWICH PUDDING FRESH STRAWBERR MANDARIN ORANGE BROCCOLI STICKS CRISS CUT FRIES MILK CHOICES	Oct - 20 MASHED POTATOES CHICKEN GRAVY SPICY CHICKEN STRI SHREDDED CHEESE CORN CINNAMON PUFF FRESH APPLE PEARS PARADISE PUNCH J MILK CHOICES	Oct - 21 SOFT TACO SHREDDED CHEESE CINNAMON CHURRO JUICE CHOICE PEACHES SHADES OF GREEN BLACK BEANS CUCUMBER STICKS VEG CUP SALSA MILK CHOICES	Oct - 22 HAM & CHEESE HOT POCKET CHIPS CARROT STICKS FRUIT/FRUIT JUICE MILK
Oct - 25 CHICKEN STRIPS WAFFLE PUDDING MANDARIN ORANGE JUICE CHOICE PARADISE PUNCH J CARROT & TOMATO CUP PANCAKE SYRUP MILK CHOICES	Oct - 26 DOMINOS PIZZA FRESH STRAWBERR APPLESAUCE CUP BROCCOLI STICKS CARROT STICKS STRAWBERRY CUPS MILK CHOICES	Oct - 27 CHEESEBURGER ON FRESH APPLE PEARS RANGER COOKIE CRISS CUT FRIES BAKED BEANS PARADISE PUNCH J MILK CHOICES	Oct - 28 TERIYAKI CHICKEN RICE JUICE CHOICE PEACHES COOKED CARROTS CUCUMBER STICKS VEG CUP CINNAMON PUFF MILK CHOICES	Oct - 29 PEANUT BUTTER & JELLY SANDWICH GRANOLA BARS CARROT STICKS CHEESE STICK FRUIT/FRUIT JUICE MILK

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.