

Fast Forward Lunch Menu

December 2021

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Monday	Tuesday	Wednesday	Thursday	Friday
		Dec - 1 SWEET PORK SALAD SHREDDED CHEESE CILANTRO RICE FRESH APPLE FROZEN JUICE CUP SHADES OF GREEN BLACK BEANS CUCUMBER STICKS SALSA MILK CHOICES	Dec - 2 PIZZA COOKIE JUICE FRUIT CUP GREEN SALAD GRAPE MILK CHOICES	Dec - 3 HAM/TURKEY & CHEESE WRAP CHIPS CARROT STICKS FRUIT/FRUIT CUP MILK CHOICE
Dec - 6 TORTILLA CHIPS NACHO CHEESE SA TACO MEAT BLACK BEANS PUDDING MANDARIN ORANGE JUICE CHOICE CARROT & TOMATO CUP MILK CHOICES	Dec - 7 TURKEY IN GRAVY MASHED POTATOES WW PARKERHOUSE FROSTED PINK COO FRESH STRAWBERR APPLESAUCE CUP BROCCOLI STICKS COOKED CARROTS MILK CHOICES	Dec - 8 *CHICKEN NUGGETS CINNAMON PUFF FRESH APPLE PEARS *CHEESY POTATOES MIXED VEGETABLES PARADISE PUNCH J MILK CHOICES	Dec - 9 MINI CALZONES MARINARA SAUCE C WHOLE WHEAT BRE JUICE CHOICE PEACH CUPS GREEN SALAD CORN MILK CHOICES	Dec - 10 HAM & CHEESE HOT POCKET COOKIE CARROT STICKS FRUIT/JUICE MILK CHOICE
Dec - 13 CORNDOG WW PARKERHOUSE MANDARIN ORANGE JUICE CHOICE EMOJI FRIES CARROT & TOMATO CUP MILK CHOICES	Dec - 14 CHICKEN SANDWICH PUDDING STRAWBERRY CUPS MANDARIN ORANGE BROCCOLI STICKS CRISS CUT FRIES MILK CHOICES	Dec - 15 CHICKEN NOODLE S CHEESE BREADSTIC FRESH APPLE PEARS PARADISE PUNCH J GREEN SALAD MASHED POTATOES CHICKEN GRAVY SPICY CHICKEN STRI SHREDDED CHEESE CORN CINNAMON PUFF MILK CHOICES	Dec - 16 SOFT TACO SHREDDED CHEESE CINNAMON CHURRO JUICE CHOICE PEACHES SHADES OF GREEN BLACK BEANS CUCUMBER STICKS VEG CUP SALSA MILK CHOICES	Dec - 17 PEANUT BUTTER & JELLY SANDWICH CARROT STICKS FRUIT/JUICE RICE KRISPIE TREAT MILK CHOICE
Dec - 20	Dec - 21	Dec - 22	Dec - 23	Dec - 24
Dec - 27	Dec - 28	Dec - 29	Dec - 30	Dec - 31
Jan - 3 CHICKEN STRIPS WAFFLE PUDDING MANDARIN ORANGE PEACH CUPS PARADISE PUNCH J CARROT & TOMATO CUP PANCAKE SYRUP MILK CHOICES	Jan - 4 PIZZA FRUIT CUP/FRUIT JUICE BROCCOLI STICKS CARROT STICKS MILK CHOICES	Jan - 5 CHEESEBURGER ON FRESH APPLE PEARS RANGER COOKIE CRISS CUT FRIES BAKED BEANS PARADISE PUNCH J MILK CHOICES	Jan - 6 TERIYAKI CHICKEN RICE JUICE CHOICE PEACHES COOKED CARROTS CUCUMBER STICKS VEG CUP CINNAMON PUFF MILK CHOICES	Jan - 7 HAM/TURKEY & CHEESE WRAP CHIPS CARROT STICKS FRUIT/FRUIT CUP MILK CHOICE

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Fast Forward Lunch Menu

January 2022

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 10 *TERIYAKI FINGER S RICE PUDDING MANDARIN ORANGE JUICE CHOICE CARROT & TOMATO CUP GREEN BEANS MILK CHOICES	Jan - 11 LASAGNA SHREDDED CHEESE CINNAMON PUFF BANANA APPLESAUCE CUP BROCCOLI STICKS NORMANDY BLEND MILK CHOICES	Jan - 12 SWEET PORK SALAD SHREDDED CHEESE CILANTRO RICE FRESH APPLE FROZEN JUICE CUP SHADES OF GREEN BLACK BEANS CUCUMBER STICKS SALSA MILK CHOICES	Jan - 13 PIZZA COOKIE FRUIT JUICE/FRESH FRUIT CARROT STICKS MILK CHOICES	Jan - 14 PEANUT BUTTER & JELLY SANDWICH CARROT STICKS FRUIT/JUICE RICE KRISPIE TREAT MILK CHOICE
Jan - 17	Jan - 18 TURKEY IN GRAVY MASHED POTATOES WW PARKERHOUSE FROSTED PINK COO STRAWBERRY CUPS APPLESAUCE CUP BROCCOLI STICKS COOKED CARROTS MILK CHOICES	Jan - 19 *CHICKEN NUGGETS CINNAMON PUFF FRESH APPLE PEARS *CHEESY POTATOES MIXED VEGETABLES PARADISE PUNCH J MILK CHOICES	Jan - 20 MINI CALZONES MARINARA SAUCE C WHOLE WHEAT BRE JUICE CHOICE PEACHES GREEN SALAD CORN MILK CHOICES	Jan - 21 HAM & CHEESE HOT POCKET COOKIE CARROT STICKS FRUIT/JUICE MILK CHOICE
Jan - 24 CORNDOG WW PARKERHOUSE MANDARIN ORANGE PEACH CUPS EMOJI FRIES CARROT & TOMATO CUP MILK CHOICES	Jan - 25 CHICKEN SANDWICH PUDDING FRESH STRAWBERR MANDARIN ORANGE BROCCOLI STICKS CRISS CUT FRIES MILK CHOICES	Jan - 26 CHICKEN NOODLE S CHEESE BREADSTIC FRESH APPLE PEARS PARADISE PUNCH J GREEN SALAD MASHED POTATOES CHICKEN GRAVY SPICY CHICKEN STRI SHREDDED CHEESE CORN CINNAMON PUFF MILK CHOICES	Jan - 27 SOFT TACO SHREDDED CHEESE CINNAMON CHURRO JUICE CHOICE PEACHES SHADES OF GREEN BLACK BEANS CUCUMBER STICKS VEG CUP SALSA MILK CHOICES	Jan - 28 HAM/TURKEY & CHEESE WRAP CHIPS CARROT STICKS FRUIT/FRUIT CUP MILK CHOICE
Jan - 31 CHICKEN STRIPS WAFFLE PUDDING MANDARIN ORANGE JUICE CHOICE PARADISE PUNCH J CARROT & TOMATO CUP PANCAKE SYRUP MILK CHOICES	Feb - 1 PIZZA FRUIT CUP/FRUIT JUICE BROCCOLI STICKS CARROT STICKS MILK CHOICES	Feb - 2 CHEESEBURGER ON FRESH APPLE PEARS RANGER COOKIE CRISS CUT FRIES BAKED BEANS PARADISE PUNCH J MILK CHOICES	Feb - 3 TERIYAKI CHICKEN RICE JUICE CHOICE PEACHES COOKED CARROTS CUCUMBER STICKS VEG CUP CINNAMON PUFF MILK CHOICES	Feb - 4 PEANUT BUTTER & JELLY SANDWICH CARROT STICKS FRUIT/JUICE RICE KRISPIE TREAT MILK CHOICE

This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

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