

# Fast Forward

Aug. 2022

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Monday	Tuesday	Wednesday	Thursday	Friday
		Aug - 24 TORTILLA CHIPS NACHO CHEESE SA TACO MEAT BLACK BEANS CINNAMON GRAHAM MANDARIN ORANGE JUICE CHOICE CARROT & RED PEP VEGGIE CUP PUDDING MILK CHOICES	Aug - 25 MINI CALZONES MARINARA SAUCE C DINNER ROLL JUICE CHOICE PEACHES GREEN SALAD CORN MILK CHOICES	Aug 26 HAM AND CHEESE SANDWICH FRUIT CARROT STICKS CHIPS MILK
Aug - 29 CORNDOG DINNER ROLL MANDARIN ORANGE JUICE CHOICE EMOJI FRIES CARROT & RED PEP VEGGIE CUP MILK CHOICES	Aug - 30 CHICKEN SANDWICH PUDDING FRESH STRAWBERR MANDARIN ORANGE BROCCOLI STICKS POTATO WEDGES MILK CHOICES	Aug - 31 MASHED POTATOES CHICKEN GRAVY SPICY CHICKEN STRI SHREDDED CHEESE CORN CINNAMON PUFF FRESH APPLE PEARS PARADISE PUNCH J MILK CHOICES	Sep - 1 SOFT TACO SHREDDED CHEESE CINNAMON CHURRO JUICE CHOICE PEACHES SHADES OF GREEN BLACK BEANS CUCUMBER STICKS VEG CUP SALSA MILK CHOICES	Sep - 2 CHIMICHANGA CELERLY STICKS/ TOMATO FRUIT RICE KRISPY TREAT MILK
Sep - 5	Sep - 6 DOMINOS PIZZA FRESH STRAWBERR APPLESAUCE CUP BROCCOLI STICKS CARROT STICKS STRAWBERRY CUPS MILK CHOICES	Sep - 7 CHEESEBURGER ON FRESH APPLE PEARS RANGER COOKIE POTATO WEDGES BAKED BEANS PARADISE PUNCH J MILK CHOICES	Sep - 8 TERIYAKI CHICKEN RICE JUICE CHOICE PEACHES COOKED CARROTS CUCUMBER STICKS VEG CUP CINNAMON PUFF MILK CHOICES	Sep - 9 PEANUT BUTTER JELLY SANDWICH CARROT STICKS FRUIT CHIPS MILK
Sep - 12 *TERIYAKI FINGER S RICE PUDDING MANDARIN ORANGE JUICE CHOICE CARROT & RED PEP VEGGIE CUP GREEN BEANS MILK CHOICES	Sep - 13 LASAGNA SHREDDED CHEESE CINNAMON PUFF BANANA APPLESAUCE CUP BROCCOLI STICKS NORMANDY BLEND MILK CHOICES GOLD FISH CRACKE	Sep - 14 GRILLED CHICKEN S SHREDDED CHEESE CILANTRO RICE FRESH APPLE FROZEN JUICE CUP SHADES OF GREEN BLACK BEANS CUCUMBER STICKS SALSA MILK CHOICES	Sep - 15 DOMINOS PIZZA CHOCOLATE CHIP C JUICE CHOICE PEACHES GREEN SALAD GRAPE TOMATOES MILK CHOICES	Sep - 16 HAM AND CHEESE HOT POCKET CELERY STICKS/ TOMATO PUDDING MILK

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Sep - 19 TORTILLA CHIPS NACHO CHEESE SA TACO MEAT BLACK BEANS CINNAMON GRAHAM MANDARIN ORANGE JUICE CHOICE CARROT & RED PEP VEGGIE CUP PUDDING MILK CHOICES	Sep - 20 TURKEY IN GRAVY MASHED POTATOES DINNER ROLL FROSTED PINK COO FRESH STRAWBERR APPLESAUCE CUP BROCCOLI STICKS COOKED CARROTS MILK CHOICES	Sep - 21 *CHICKEN NUGGETS CINNAMON PUFF FRESH APPLE PEARS *CHEESY POTATOES MIXED VEGETABLES PARADISE PUNCH J MILK CHOICES	Sep - 22 MINI CALZONES MARINARA SAUCE C DINNER ROLL JUICE CHOICE PEACHES GREEN SALAD CORN MILK CHOICES	Sep - 23 ROAST BEEF SANDWICH CARROT STICKS FRUIT COOKIE MILK
Sep - 26 CORNDOG DINNER ROLL MANDARIN ORANGE JUICE CHOICE EMOJI FRIES CARROT & RED PEP VEGGIE CUP MILK CHOICES	Sep - 27 CHICKEN SANDWICH PUDDING FRESH STRAWBERR MANDARIN ORANGE BROCCOLI STICKS POTATO WEDGES MILK CHOICES	Sep - 28 MASHED POTATOES CHICKEN GRAVY SPICY CHICKEN STRI SHREDDED CHEESE CORN CINNAMON PUFF FRESH APPLE PEARS PARADISE PUNCH J MILK CHOICES	Sep - 29 SOFT TACO SHREDDED CHEESE CINNAMON CHURRO JUICE CHOICE PEACHES SHADES OF GREEN BLACK BEANS CUCUMBER STICKS VEG CUP SALSA MILK CHOICES	Sep 30 CHIMICHANGA BROCCOLI FRUIT RICE KRISPY TREATS MILK

This institution is an equal opportunity provider.

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