

Fast Forward Charter High School
Wellness Policy Committee Meeting
January 18, 2023, Minutes

1. Welcome, In Attendance:
 - a. Jill Lowe, Principal
 - b. Alex Garrett, SFA
 - c. Kersey Hatten, Health Teacher
 - d. Sara Anderson, Counselor/Homeless Liaison
 - e. Angie Conger, Parent
 - f. Teresa Olsen, Board Member
 - g. Ashlie Guerrero, Student
 - h. Sarah Shields, Student
2. Purpose and Role Discussion
 - a. Jill Lowe, principal, lead the discussion of why the committee is here to discuss the possible changes to FFCHS's Wellness Policy. Alex Garrett discussed while the previous Wellness Policy checked the boxes, that USBE had released a model document that schools can adapt to their LEA that meets what we are required to have by the state. Alex Garrett stated that the "new" policy is the same in a lot of ways to the previous. There was a little discussion about what areas in particular with the mental health section receiving the most comments, but they were all positive about its inclusion.
3. Review of the Wellness Policy
 - a. As a group, the whole document was discussed, and everyone felt that there were no immediate changes that needed to be made to the "new" document. The committee decided to take the Wellness Policy to the board as laid out in the FF.20 Revised. Updated Wellness Policy attached to where the minutes are posted.
4. Administrative Review Dates
 - a. Alex Garrett announced that the Administrative Review dates for FFCHS will be February 28th.
5. Meeting was adjourned.