

Fast Forward Lunch

April 2023

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Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 10 *TERIYAKI FINGER S RICE PUDDING MANDARIN ORANGE JUICE CHOICE CARROT & RED PEP VEGGIE CUP GREEN BEANS MILK CHOICES	Apr - 11 BAKED ZITI SHREDDED CHEESE CINNAMON PUFF BANANA APPLESAUCE CUP BROCCOLI STICKS NORMANDY BLEND GOLD FISH CRACKE MILK CHOICES	Apr - 12 GRILLED CHICKEN S SHREDDED CHEESE CILANTRO RICE FRESH APPLE FROZEN JUICE CUP SHADES OF GREEN BLACK BEANS CUCUMBER STICKS SALSA MILK CHOICES	Apr - 13 PIZZA GREEN SALAD FRUIT CHOCOLATE CHIP COOKIE MILK	Apr - 14 CHIMICHANGA VEGETABLE FRUIT MILK CHIPS
Apr - 17 TORTILLA CHIPS NACHO CHEESE SA TACO MEAT BLACK BEANS CINNAMON GRAHAM MANDARIN ORANGE JUICE CHOICE CARROT & RED PEP VEGGIE CUP MILK CHOICES	Apr - 18 TURKEY IN GRAVY MASHED POTATOES DINNER ROLL FROSTED PINK COO FRESH STRAWBERR APPLESAUCE CUP BROCCOLI STICKS COOKED CARROTS MILK CHOICES	Apr - 19 *CHICKEN NUGGETS CINNAMON PUFF FRESH APPLE PEARS *CHEESY POTATOES MIXED VEGETABLES PARADISE PUNCH J MILK CHOICES	Apr - 20 MINI CALZONES MARINARA SAUCE C DINNER ROLL GRAPES PEACHES GREEN SALAD CORN MILK CHOICES	Apr - 21 HAM AND CHEESE SANDWICH VEGETABLES FRUIT RICE KRISPY TREAT MILK
Apr - 24 CORNDOG DINNER ROLL MANDARIN ORANGE JUICE CHOICE EMOJI FRIES CARROT & RED PEP VEGGIE CUP MILK CHOICES	Apr - 25 CHICKEN SANDWICH PUDDING FRESH STRAWBERR MANDARIN ORANGE BROCCOLI STICKS POTATO WEDGES MILK CHOICES	Apr - 26 SOFT TACO SHREDDED CHEESE CINNAMON CHURRO FRESH APPLE PEARS SHADES OF GREEN BLACK BEANS CUCUMBER STICKS VEG CUP SALSA MILK CHOICES	Apr - 27 MASHED POTATOES CHICKEN GRAVY SPICY CHICKEN STRI SHREDDED CHEESE CORN CINNAMON PUFF JUICE CHOICE PEACHES PARADISE PUNCH J MILK CHOICES	Apr - 28 HAM AND CHEESE HOT POCKET VEGETABLE FRUIT PUDDING
May - 1 CHICKEN STRIPS WAFFLE PUDDING MANDARIN ORANGE JUICE CHOICE PARADISE PUNCH J CARROT & TOMATO CUP PANCAKE SYRUP MILK CHOICES	May - 2 PIZZA GREEN SALAD FRUIT RICE KRISPY TREAT MILK	May - 3 ONLINE DAY	May - 4 TERIYAKI CHICKEN RICE JUICE CHOICE PEACHES COOKED CARROTS CUCUMBER STICKS VEG CUP CINNAMON PUFF MILK CHOICES	May - 5 PEANUT BUTTER JELLY SANDWICH VEGETABLE FRUIT CHIPS MILK

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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May - 29	May - 30	May - 31		

This institution is an equal opportunity provider.

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