

Fast Forward Charter High School BREAKFAST

FEB,2024

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Monday	Tuesday	Wednesday	Thursday	Friday
			Feb - 1 T	Feb - 2
Feb - 5 BREAKFAST PIZZA FRUIT MILK	Feb - 6 TURKEY AND CHEESE BAGEL FRUIT MILK	Feb - 7 YOGURT MUFFIN FRUIT JUICE MILK	Feb 8 WAFFLES W/ SYRUP FRUIT CHEESE STICK MILK	Feb - 9 CEREAL GOGURT FRUIT MILK
Feb - 12 YOGURT BREAKFAST BAR FRUIT MILK	Feb - 13 HAM AND WRAP FRUIT MILK	Feb - 14 *PANCAKES W/ SYRUP *FRUIT *CHEESE STICK *MILK	Feb - 15 CREAM CHEESE BAGEL FRUIT MILK PUDDING	Feb-16 WAFFLE W/SYRUP FRUIT GOGURT MILK
Feb - 19 NO SCHOOL	Feb - 20 CEREAL CHEESE STICK FRUIT MILK	Feb - 21 TURKEY AND CHEESE WRAP FRUIT MILK	Feb - 22 SAUSAGE CHEESE MUFFIN FRUIT MILK	Feb - 23 GOGURT POPTART FRUIT MILK
Feb - 26 BREAKFAST BURRITO FRUIT MILK	Feb - 27 BAGEL AND CREAM CHEESE FRUIT PUDDING MILK	Feb - 28 PANCAKES W/ SYRUP CHEESE STICK FRUIT MILK	Feb - 29 FRUIT PARFAIT W/ GRANOLA MUFFIN FRUIT MILK	Mar - 1 GOGURT POPTART FRUIT MILK

This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.