

Fast Forward Charter School BREAKFAST

March 2024

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 4 CEREAL CHEESE STICK FRUIT MILK	Mar - 5 FRUIT PARFAIT W/GRANOLA MUFFIN FRUIT MILK	Mar - 6 HAM AND CHEESE BAGEL FRUIT MILK	Mar - 7 SAUSAGE CHEESE MUFFIN FRUIT MILK	Mar - 8 YOGURT POPTART FRUIT MILK
Mar - 11 BREAKFAST PIZZA FRUIT MILK	Mar - 12 ACT TEST DAY (JUNIORS ONLY)	* Mar- 13 * * ONLINE DAY	Mar - 14 TURKEY AND CHEESE BAGELS FRUIT MILK	Mar - 15 CEREAL CHEESE STICK FRUIT MILK
Mar - 18 WAFFLES GOGURT FRUIT MILK	Mar - 19 FRUIT PARFAIT MUFFIN FRUIT MILK	Mar - 20 PANCAKES GOGURTS FRUIT MILK	Mar - 21 BREAKFAST PIZZA FRUIT MILK	Mar - 22 CEREAL CHEESE STICK FRUIT MILK
Mar - 25 GOGURT MUFFIN FRUIT MILK	Mar - 26 HAM AND CHEESE BAGEL FRUIT MILK	Mar - 27 SASAGE CHEESE MUFFIN FRUIT MILK	Mar - 28 WAFFLES GOGURT FRUIT MILK	Mar - 29 CEREAL CHEESE STICK FRUIT MILK

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.