

Fast Forward Charter High School

BREAKFAST

April 2024

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Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 1 Apr - 8 CEREAL CHEESE STICK FRUIT MILK	Apr - 2 Apr - 9 PANCAKES W/SYRUP YOGURT FRUIT MILK	Apr - 3 Apr - 10 BREAKFAST PIZZA FRUIT MILK	Apr - 4 Apr - 11 SAUSAGE CHEESE MUFFIN FRUIT MILK	Apr - 5 Apr - 12 YOGURT POPTART FRUIT MILK
Apr - 15 WAFFLE CHEESE STICK FRUIT MILK	Apr - 16 TURKEY AND CHEESE BAGEL FRUIT MILK	Apr - 17 *FRUIT PARFAIT W/ GRANOLA *FRUIT MUFFIN *MILK	Apr - 18 BREAKFAST BURRITO FRUIT MILK	Apr - 19 CEREAL CHEESE STICK FRUIT MILK
Apr - 22 GOGURT GRANOLA BAR FRUIT MILK	Apr - 23 SAUSAGE CHEESE MUFFIN FRUIT MILK	Apr - 24 PANCAKES W/ SYRUP YOGURT FRUIT MILK	Apr - 25 GRILLED CHICKEN AND CHEESE WRAPS FRUIT MILK	Apr - 26 CEREAL CHEESE STICK FRUIT MILK
Apr - 29 BREAKFAST PIZZA FRUIT MILK	Apr - 30 WAFFLE W/ SYRUP GOGURT FRUIT MILK			

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.