

Fast Forward Charter School BREAKFAST

May 2024

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Monday	Tuesday	Wednesday	Thursday	Friday
		May - 1 ONLINE DAY	May - 2 EMPANAD FRUIT MILK	May - 3 YOGURT POPTART FRUIT MILK
May - 6 CEREAL CHEESE STICK FRUIT MILK	May - 7 BREAKFAST PIZZA FRUIT MILK	May - 8 TURKEY AND CHEESE BAGEL FRUIT MILK	May - 9 FRENCH TOAST SAUSAGE FRUIT MILK	May - 10 GOGURT MUFFIN FRUIT MILK
May - 13 BREAKFAST PIZZA FRUIT MILK	May - 14 FRUIT PARFAIT W/ GRANOLA MUFFIN FRUIT MILK	May - 15 *HAM AND CHEESE BAGEL *FRUIT *MILK	May - 16 CHEESE SAUSAGE MUFFIN FRUIT MILK	May - 17 YOGURT GRANOLA BAR FRUIT MILK
May - 20 CEREAL CHEESE STICK FRUIT MILK	May - 21 GRADUATION CONGRATULATIONS CLASS OF 2024!!	May - 22	May - 23 LAST DAY OF SCHOOL	May - 24
May - 27	May - 28	May - 29	May - 30	May - 31

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.