

# Fast Forward Charter High School

## LUNCH

May 2024

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Monday	Tuesday	Wednesday	Thursday	Friday
		May - 1  ONLINE DAY	May - 2  TERIYAKI CHICKEN RICE JUICE CHOICE PEACHES COOKED CARROTS CUCUMBER STICKS VEG CUP CINNAMON PUFF MILK CHOICES	May - 3  PEANUT BUTTER JELLY SANDWICH VEGETABLES FRUIT CHIPS MILK
May - 6  BAKED ZITI SHREDDED CHEESE CINNAMON PUFF JUICE CHOICE MANDARIN ORANGE BROCCOLI STICKS NORMANDY BLEND GOLD FISH CRACKE MILK CHOICES	May - 7  TACO SHELL TACO MEAT FRESH STRAWBERR APPLESAUCE CUP SHREDDED CHEESE BLACK BEANS CORN SALSA CINNAMON GRAHAM MILK CHOICES	May - 8  FRENCH TOAST STI SAUSAGE PATTY FRESH APPLE STRAWBERRY CUPS HASH BROWN POTA CUCUMBER STICKS VEG CUP PANCAKE SYRUP MILK CHOICES	May - 9  PIZZA GREEN SALAD FRUIT CHOCOLATE CHIP COOKIE MILK	May - 10  TURKEY AND CHEESE SANDWICH VEGETABLES FRUIT RICE KRISPY TREAT MILK
May - 13  TORTILLA CHIPS NACHO CHEESE SA TACO MEAT BLACK BEANS CINNAMON GRAHAM MANDARIN ORANGE JUICE CHOICE RED PEPPERS MILK CHOICES	May - 14  TURKEY IN GRAVY MASHED POTATOES DINNER ROLL FROSTED PINK COO FRESH STRAWBERR APPLESAUCE CUP BROCCOLI STICKS COOKED CARROTS MILK CHOICES	May - 15  *CHICKEN NUGGETS CINNAMON PUFF FRESH APPLE PEARS *CHEESY POTATOES MIXED VEGETABLES PARADISE PUNCH J MILK CHOICES	May - 16  MINI CALZONES MARINARA SAUCE C DINNER ROLL JUICE CHOICE PEACHES GREEN SALAD CORN MILK CHOICES	May - 17  HAM AND CHEESE SANDWICH VEGETABLES FRUIT CHIPS MILK
May - 20  CORNDOG DINNER ROLL MANDARIN ORANGE JUICE CHOICE EMOJI FRIES CARROT & RED PEP VEGGIE CUP MILK CHOICES	May - 21  GRADUATION  CONGRATULATIONS CLASS OF 2024!!	May - 22	May - 23  LAST DAY OF SCHOOL	May - 24
May - 27	May - 28	May - 29	May - 30	May - 31

This institution is an equal opportunity provider.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**