

# Fast Forward Charter High School

## BREAKFAST

Feb. 2025

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Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 3 CEREAL CHEESE STICK FRUIT MILK	Feb - 4 WAFFLE GOGURT FRUIT MILK	Feb - 5 CHICKEN EMPANAD FRUIT MILK	Feb - 6 BREAKFAST BURRITO FRUIT MILK	Feb - 7 GOGURT GRANOLA BAR FRUIT MILK
Feb - 10 OATMEAL CHEESE STICK FRUIT MILK	Feb - 11 BREAKFAST PIZZA FRUIT MILK	Feb - 12 YOGURT POPTART FRUIT MILK	Feb - 13 FRENCH TOAST SAUSAGE PATTY FRUIT MILK	Feb - 14 BAGEL AND CREAM CHEESE FRUIT PUDDING MILK
Feb - 17  <b>NO SCHOOL</b>	Feb - 18 YOGURT MUFFIN FRUIT MILK	Feb - 19 *PANCAKES *SAUSAGE PATTY *FRUIT *MILK	Feb - 20 OAT MEAL GOGURT FRUIT MILK	Feb - 21 CEREAL CHEESE STICK FRUIT MILK
Feb - 24 HAM AND CHEESE BAGEL FRUIT MILK	Feb - 25 PARFAIT MUFFIN FRUIT MILK	Feb - 26 SAUSAGE AND CHEESE MCMUFFIN FRUIT MILK	Feb - 27 WAFFLE GOGURT FRUIT MILK	Feb - 28 CEREAL CHEESE STICK FRUIT MILK

This institution is an equal opportunity provider.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.