

Fast Forward Charter High School
BREAKFAST

March 2025

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Monday	Tuesday	Wednesday	Thursday	Friday
March-3 YOGURT POPART FRUIT MILK	March- 4 WAFFLE CHEESE STICK FRUIT MILK	March - 5 CHICKEN EMPANADA FRUIT MILK	March-6 BAGEL AND CREAM CHEESE FRUIT PUDDING MILK	March 7 OATS GOGURT FRUIT MILK
March-10 CEREAL CHEESE STICK FRUIT MILK	March-11 ACT TESTING	March-12 ONLINE DAY	March 13 PANCAKES GOGURT FRUIT MILK	March- 14 BREAKFAST BURRITO FRUIT MILK
March - 17 HAM AND CHEESE WRAP FRUIT MILK	March-18 BISCUITS AND GRAVY FRUIT MILK	March - 19 *PARFAIT *MUFFIN *FRUIT *MILK	March-20 CEREAL CHEESE STICK FRUIT MILK	March - 21 YOGURT GRANOLA BAR FRUIT MILK
March- 24 CEREAL CHEESE STICK FRUIT MILK	March- 25 WAFFLE PUDDING FRUIT MILK	March- 26 SAUSAGE AND CHEESE MCMUFFIN FRUIT MILK	March-27 BREAKFAST PIZZA FRUIT MILK	March- 28 YOGURT POPARTS FRUIT MILK

This institution is an equal opportunity provider.

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.