

Fast Forward Charter High School
BREAKFAST

March 2026

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 2 CEREAL CHEESE STICK FRUIT MILK	Mar - 3 HAM AND CHEESE BAGEL FRUIT MILK	Mar - 4 DENVER OMELET FRUIT MILK	Mar - 5 PANCAKES CHEESE STICK FRUIT MILK	Mar - 6 YOGURT POPTART FRUIT MILK
Mar - 9 CEREAL CHEESE STICK FRUIT MILK	Mar - 10 WAFFLES GOGURT FRUIT MILK	Mar - 11 PARFAIT GRANOLA BAR JUICE MILK	Mar - 12 CREAM CHEESE BAGEL FRUIT MILK	Mar - 13 YOGURT POPTART FRUIT MILK
Mar - 16 CEREAL CHEESE STICK FRUIT MILK	Mar - 17 BREAKFAST BURRITO FRUIT MILK	Mar - 18 *GOGURT *GRANOLA BAR *FRUIT *MILK	Mar - 19 TURKEY AND CHEESE BAGEL FRUIT MILK	Mar - 20 YOGURT POPTART FRUIT MILK
Mar - 23 CEREAL CHEESE STICK FRUIT MILK	Mar - 24 WAFFLES GOGURT FRUIT MILK	Mar - 25 SAUSAGE AND CHEESE MCMUFFIN FRUIT MILK	Mar - 26 HAM AND CHEESE WRAP FRUIT MILK	Mar - 27 YOGURT GRANOLA BAR FRUIT MILK
Mar - 30	Mar - 31			

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.