

Fast Forward Charter High School BREAKFAST

April 2026

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|---|
| Apr - 6 CEREAL CHEESE STICK FRUIT MILK | Apr - 7 SAUSAGE AND CHEESE MCMUFFIN FRUIT MILK | Apr - 8 PARFAIT MUFFIN JUICE MILK | Apr - 9 BAGEL AND CREAM CHEESE FRUIT MILK | Apr - 3 Apr - 10 YOGURT GRANOLA BAR FRUIT MILK |
| Apr - 13 CEREAL CHEESE STICK FRUIT MILK | Apr - 14 WAFFLES GOGURT FRUIT MILK | Apr - 15 DENVER OMELET FRUIT MILK | Apr - 16 FRENCH TOAST SAUSAGE FRUIT MILK | Apr - 17 YOGURT POPTART FRUIT MILK |
| Apr - 20 CEREAL CHEESE STICK FRUIT MILK | Apr - 21 HAM AND CHEESE BAGEL FRUIT MILK | Apr - 22 *BREAKFAST BURRTIO *FRUIT *MILK | Apr - 23 PANCAKES GOGURT FRUIT MILK | Apr - 24 YOGURT GRANOLA BAR FRUIT MILK |
| Apr - 27 CEREAL CHEESE STICK FRUIT MILK | Apr - 28 CHICKEN AND CHEESE BAGEL FRUIT MILK | Apr - 29 SAUSAGE AND CHEESE MCMUFFIN FRUIT MILK | Apr - 30 PTC ONLINE DAY | May - 1 YOGURT POPTART FRUIT MILK |

This institution is an equal opportunity provider.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.